Town Hall for Parents & Families of New International Students
Today’s Speakers

Anne Newman, Associate Vice Chancellor for Student Affairs and Dean of Students, Division of Student Affairs
Susan Lawrence, Vice Dean for Undergraduate Education, School of Arts and Sciences
Maya Sarno, Assistant Director of International Student Services, Rutgers Global
Jeff Broggi, Associate Dean of Students, Division of Student Affairs
Ashlea Coulter, Associate Director of Parent and Family Programs, New Student Orientation and Family Programs
Janet Jun Siew Loh, Coordinator for International Programs and Outreach, Residence Life
Greg Costalas, Assistant Director of Global Programs, Rutgers Global
Yushi Wang, Community Based Counsellor, Rutgers Health Services
Rick Lee, Director of Global Programs and Partnerships, Rutgers Global
We Know Families Are More Worried Than Usual

- Health and Safety of students, faculty and staff is our top priority
- State mandated COVID-19 training
  https://rutgersu.percipio.com
- Mandated testing for those living and taking classes on campus
- Decisions for Spring will be made based on how safe it will be to be in person for classes
Academic Resources and Services

University-wide COVID-19 Information:  https://coronavirus.rutgers.edu

Fall Campus Plan Town Hall with the Chancellor and Rutgers Leaders: https://www.youtube.com/watch?v=fdXexmc5-qM&feature=youtu.be

New Brunswick Fall 2020 Status: https://newbrunswick.rutgers.edu/2020status

Student Tech Guide: https://it.rutgers.edu/technology-guide/students/

Learning Centers: https://rlc.rutgers.edu
Academic Resources and Services

Tutoring for Writing Courses:  https://writingctr.rutgers.edu/enroll-in-tutoring

How to succeed in an online course:  https://rlc.rutgers.edu/remote_instruction

School of Arts and Sciences Advising:  https://sasundergrad.rutgers.edu/help

School of Environmental and Biological Sciences Advising:  https://sebs.rutgers.edu/advising/

School of Engineering Advising:  https://soe.rutgers.edu/oas/advising
International Student and Scholar Services (ISSS)

What we do and how we serve your students

• International Student Advisers offer expertise on legal compliance
• ISSS staff handle all immigration matters for international students, scholars, and faculty
• Maintain your student’s record in SEVIS (Student and Exchange Visitor Information System)
• Coordinate International Student Orientation
• Provide advising and processing services
International Student and Scholar Services (ISSS)

Current immigration landscape

• New students outside the U.S. with 100% online courses may enroll and begin their programs from home

• New students already in the U.S. may activate their SEVIS records and are obligated to maintain legal status

• Admissions office will work with students to provide new I-20 with updated spring 2021 start date
  • All new students must complete survey from admissions office
  • Contact ruinternational@admissions.Rutgers.edu with questions

• Visa issuance/renewal at U.S. Embassy or Consulate
  • Student will need updated I-20 with spring start date, plus current financial documents
International Student and Scholar Services (ISSS)

Maintaining legal status

- F-1 status is activated by ISSS after student enters the U.S.
- Required after arrival in the U.S. - online check-in, health insurance, full-time registration
- Health Insurance and International Student Fee waived for students enrolled from outside the U.S. in fall 2020

Other points for maintaining status:

- Request and receive travel signature from ISSS before traveling outside the U.S.
- Report changes in contact information within 10 days
- Pursue a full course of study (12 credits for undergraduate students, 9 credits for graduate students)
- Report all academic changes to ISSS
- Students must contact ISSS in case of emergency departure from the U.S.
International Student and Scholar Services (ISSS)

Work authorization

On-Campus Employment
• 20 hours/week during semester; no limit during school breaks
• Work authorization ends with degree completion date

Off-Campus Employment
• Practical Training is an employment authorization allowing F-1 students to work off-campus for the purpose of gaining experience or additional knowledge in their field of study
• More details are available on our website and in the ISSS online employment workshops for students
The Office of the Dean of Students

Reasons students may come to the Office of the Dean of Students

• Extended absences from class for verified reasons
• Emergency Issues
• Challenges with Professors or finding assistance
• Assistance with general questions outside of academics
• Professor expresses concern for a student
• Unsure where to go for answers to a question – We are Rutgers Google Maps
• Financial challenges
The Office of the Dean of Students

• Responsible for addressing technical issues students having with remote access
• Assist students showing financial challenges with Emergency Funding, regardless of status.
• Assist students in need with grocery store and RU Express cards
• Assist students with technology issues who do not have the funding to replace or purchase a laptop

deanofstudents@echo.Rutgers.edu
Parent & Family Programs

- Office dedicated to serving parents and family members of Rutgers students
- Available year-round
- Answer questions, provide programming, and provide resources just for family members!

ruparents@echo.rutgers.edu

facebook.com/RUPParents
• If you want to receive important updates and information about Rutgers- sign up online for the Parent and Family newsletter
  
go.rutgers.edu/pfnewsletter

• Important deadlines and dates
• Advertise campus events and leadership opportunities for students
• Opportunities for Parent/Family involvement
Parent & Family Association

• Free to join!
• Monthly meetings with campus partners
• Sponsored Events
• Volunteer Opportunities
Due to this federal law, you will not have direct access to grades, term bills, attendance, etc.

Talk with your student about what information you prefer to be shared with you

Ask your student to share information via Guest Dashboard: [https://studentabc.rutgers.edu/parentsguardians](https://studentabc.rutgers.edu/parentsguardians)
Welcome Week Schedule: 
http://studentaffairs.rutgers.edu/welcome-week/

Student Success Website: https://success.rutgers.edu

Get Involved platform: http://getinvolved.Rutgers.edu
Rutgers Residence Life

Programming and Virtual Communities for incoming undergraduate students

- **Global Roommate Program:** [http://ruoncampus.rutgers.edu/grp](http://ruoncampus.rutgers.edu/grp)
  - New international students are paired with returning Rutgers student mentors
  - Online community and virtual programming throughout the year
- **Living Learning Communities:** [http://ruoncampus.rutgers.edu/rulc](http://ruoncampus.rutgers.edu/rulc)
  - Students take a shared class that is linked with the theme of their specific living learning community and are supported by a peer mentor.
Programming and Virtual Communities for incoming undergraduate students

- Virtual First Year Experience: http://ruoncampus.rutgers.edu/first-year-experience/
- Students join an online community supported by a Resident Assistant and have a weekly community meeting as well as online events and programs.

ruoncampus.rutgers.edu
Global Programs

Programming and Virtual Communities for incoming undergraduate students

- Rutgers International Buddy Program: [https://global.rutgers.edu/international-buddy-program](https://global.rutgers.edu/international-buddy-program)
  Students sign up to be matched with a domestic student for conversation and social purposes

- #RUGlobalAtHome: [https://global.rutgers.edu/global-at-home](https://global.rutgers.edu/global-at-home)
  Opportunities to stay engaged from the comfort of your own home
Global Programs

*Programming and Virtual Communities for incoming undergraduate students*

- Rutgers Global on Social Media
  - Follow us on these platforms to learn about our virtual activities, including *Friendship Fridays*

Get Involved: [https://rutgers.campuslabs.com/engage/organization/global](https://rutgers.campuslabs.com/engage/organization/global)
Instagram: [https://www.instagram.com/rutgers.global/](https://www.instagram.com/rutgers.global/)
Facebook: [https://www.facebook.com/RutgersGlobal](https://www.facebook.com/RutgersGlobal)
CAPS was established as a multi-disciplinary services under the umbrella of Rutgers Health Services (RHS) in 2008. Now, offers interdisciplinary, collaborative and integrated care for students in two locations and embedded in departments around campus.
CAPS Services

- Individual Psychotherapy
- Group therapy
- Substance Use Treatment and Recovery Housing
- Crisis Care
- Psychiatric Care
- Skills & Education Workshops
- Case Management
- Referrals
Let’s Tele-Talk

- Let’s tele talk is an informal and confidential consultations with CAPS counselors
- 16 different locations throughout professional schools and cultural centers
- Who might benefit:
  - Not sure about counseling
  - Not interested in on-going counseling
  - Have a specific problem and would like to talk it through

http://health.rutgers.edu/medical-counseling-services/counseling/therapy/community-based-counseling/

Call 848-932-7884
CAPS Resources

RU Health: [http://health.rutgers.edu/](http://health.rutgers.edu/)
Health & Wellness: [http://health.rutgers.edu/education/medical-information/](http://health.rutgers.edu/education/medical-information/)
CAPS Resources

How to respond effectively to crisis: https://youtu.be/BmvNCdpHUYM
Progressive Muscle Relaxation - https://youtu.be/ihO02wUzgkc
TIPP Skills: https://www.youtube.com/playlist?list=PLVlLbxLe1Eo51f-BqC3u48AyikKun3mcT
How to relax: https://www.headspace.com/meditation/how-to-relax
Free Yale course on the Science of Well-Being: https://www.coursera.org/learn/the-science-of-well-being
Career Exploration & Success provides career development and employment services for international students. In addition to various programs and workshops, some of which are specifically geared toward international students, we provide individual advising. Visit careers.rutgers.edu/International for more Information. We also published an article "Navigating Career Exploration And Success As An International Student"
Career Exploration & Success

- **Rutgers Handshake** is a one-stop career management center. International Students can request appointments with Career Exploration and Success, register for career fairs, workshops, apply for on campus employment, Internships, and full-time employment.

- **GoinGlobal**: Rutgers students have access to GoinGlobal. GoinGlobal helps job and internship seekers find opportunities both at home and abroad as well as research H1b sponsoring companies in the U.S. Perfect for students who want to search for internships/jobs in in their home country, or for students who want to research companies that hire international students in the U.S.
Career Exploration & Success

- **Virtual Services & Programming**: Due to the university policy in regards to students on campus during this COVID-19, our offices have moved all our services online. This includes virtual advising, workshops, and recruitment events. Some of our workshops such as "Get Hired: Job Search strategies for International Students" are specifically geared for International students at Rutgers and will take place virtually. To access our virtual services, please visit careers.rutgers.edu/coronavirus.

- **Employment Outcomes**: The Office of Career Exploration and Success collects data from the New Brunswick graduates in September, December, and May of each year. The information displayed in this site shows the strength of the career paths Rutgers graduates take and gives current students a glimpse into what they can do with their Rutgers degrees. By exploring this site, students can explore where other students in their major are working after graduation.
THANK YOU!