

From: [Urmi Otiv](#)
To: NB_INTERNATIONAL_STUDENTS@rams.rutgers.edu
Subject: Important Information for International Students: Apply for Optional Practical Training (OPT)
Date: Monday, February 26, 2018 11:40:38 AM

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Dear Rutgers–New Brunswick International Students:

This periodic update from the Rutgers Global – International Student and Scholar Services (ISSS) office provides you with important information regarding your legal status, upcoming programs, and useful resources.

These notices are automatically sent to all nonimmigrant students enrolled at Rutgers–New Brunswick. Most messages, however, apply only to F-1 and J-1 students. We label most messages to facilitate your identification of which messages may apply to you personally. All F-1 and J-1 students on Rutgers' visa sponsorships are required to know the information that is provided in these notices and to follow reminders and instructions that apply to their own situations.

This is NOT a subscription email list. These notices are sent periodically to an automatically-generated list. If you are a permanent resident or citizen of the U.S and should not be receiving these notices, please contact Susan Maldonado at susanmal@global.rutgers.edu.

Sincerely,
Rutgers Global – International Student and Scholar Services
848-932-7015
globalservices@global.rutgers.edu
global.rutgers.edu

GRADUATING SOON? APPLY FOR POST-COMPLETION OPTIONAL PRACTICAL TRAINING (OPT).

Are you an F-1 student planning on graduating soon? Interested in working in the US after completing your degree? Now is the time to learn more about Post-Completion [Optional Practical Training \(OPT\)](#).

Here's how to apply:

1. Attend the F-1 Post-Completion OPT workshop. This is offered two times per month, and you can find the schedule on our website [here](#). The workshop will cover information about what is OPT, how to apply and how to maintain your legal status while working on OPT.
2. Prepare all application materials using our step-by-step [tutorial on preparing your OPT](#)

[application](#)

3. After you have attended the workshop and gathered all of the required application materials, you will need to meet an [international student adviser](#) (during walk ins – Mondays, Tuesdays, Thursdays and Fridays from 9:00am – 12:00noon and 1:30 – 4:30pm) to review all your documents and request a new I-20 with a recommendation for post-completion OPT.
4. Pick up your new I-20 with OPT recommendation, when you receive an email saying it's ready
5. Mail your complete application, including a copy of your new I-20, to USCIS

Uncertain whether Post-Completion OPT is the best option for you? Review our [information for graduating students](#) page on our website to better understand your options for remaining in the United States or planning for your departure.

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Director

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